

# Your Life & Recovery Journey

A supportive and reflective space to explore what wellness and recovery means to you! Build coping strategies, and create plans to help you move forward at your own pace 🧡

**4 Session Series:**

**March 17th & 20th,**

**24th & 27th**

**12pm-2pm**

**@**

**Centennial Place Clubhouse,  
Mission**

***Contact staff to sign up!***